



## “All Football Players Need to Create a Speed Tracs Account!”

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1. Go to [www.speedtracs.com](http://www.speedtracs.com) & click on " **athlete Login** "

2. Click on " **Athlete Registration** " and follow the steps to complete the registration form. Please note that if you are 13 years old or younger, parental consent will be required to activate the account. An email will be sent to your parent or guardian for approval.

Make sure you choose "Hiram High School" as your main training site!

3. Now you are ready to " **Enroll in Training** ." This can be found at the top of the page.

4. Click "**facility**," choose "Hiram High School."

5. Choose appropriate program, i.e. \_\_\_\_ spring FB.

6. Select your name from Choose Athlete drop down list & click "**Enroll Now**."

7. You will not be charged. This is a free program.

8. Now you are registered & enrolled to participate in a Speed Trac program at Hiram High School. When you re-enter the website your login is your email address and your password is the password you created in the registration process.

\*\*\*\*YOU CAN NOW LOGIN TO YOUR SPEED TRACS ACCOUNT AT ANY TIME & ACCESS THE TRAINING PREVIEWS & VIDEO TO TAKE FULL ADVANTAGE OF THE TRAINING PROGRAM\*\*\*\*